



PSHE & RSE Curriculum Map

PLEASE NOTE: ALL RSE Topics are taught through 'CWP' Scheme of work – all remaining topics are taught through 'You Me and PSHE' scheme of work

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Physical health and wellbeing: Fun times	Keeping safe and managing risk: Feeling safe	Identity, society and equality: Me and others	Drug, alcohol and tobacco education: What do we put into and on to bodies?	RSE: Growing and caring for ourselves	Mental health and emotional wellbeing: Feelings Careers, financial capability and economic wellbeing: My money
Year 2	Keeping safe and managing risk: Indoors and outdoors	Physical health and wellbeing: What keeps me healthy?	Drug, alcohol and tobacco education: Medicines and me	Mental health and emotional wellbeing: Friendship	RSE: Differences	Revision
Year 3	Mental health and emotional wellbeing: Strengths and challenges	Keeping safe and managing risk: Bullying – see it, say it, stop it	Identity, society and equality: Celebrating difference	Drug, alcohol and tobacco education: Tobacco is a drug	RSE: Valuing Difference and Keeping Safe Careers, financial capability and economic wellbeing:	Physical health and wellbeing: What helps me choose?

					Saving, spending and budgeting	
Year 4	Identity, society and equality: Democracy	Drug, alcohol and tobacco education: Making choices	Physical health and wellbeing: What is important to me?	Keeping safe and managing risk: Playing safe	RSE: Growing Up	Revision
Year 5	Physical health and wellbeing: In the media	Mental health and emotional wellbeing: Dealing with feelings	Keeping safe and managing risk: Making safer choices Drug, alcohol and tobacco education: Different influences	Identity, society and equality: Stereotypes, discrimination and prejudice	RSE: Puberty	Careers, financial capability and economic wellbeing: Borrowing and earning money
Year 6	Identity, society and equality: Human rights	Keeping safe and managing risk: Keeping safe - out and about	Mental health and emotional wellbeing: Healthy minds	Drug, alcohol and tobacco education: Different influences	RSE: Puberty, Relationships and Reproduction	RSE: Puberty, Relationships and Reproduction – including FGM lesson