



PSHE & RSE Curriculum Map

PLEASE NOTE: ALL RSE Topics are taught through 'CWP' Scheme of work – all remaining topics are taught through 'You Me and PSHE' scheme of work

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------|--|---|---|---|--|---|
| Year 1 | Identity, society and equality: Me and others Mental health and emotional wellbeing: Feelings | Keeping safe and managing risk: Feeling safe | Drug, alcohol and tobacco education: What do we put into and on to bodies? | Careers, financial capability and economic wellbeing: My money | Physical health and wellbeing: Fun times | RSE: Growing and caring for ourselves |
| Year 2 | Mental health and emotional wellbeing: Friendship | Physical health and wellbeing: What keeps me healthy? | Keeping safe and managing risk: Indoors and outdoors | Drug, alcohol and tobacco education: Medicines and me | RSE: Differences | |
| Year 3 | Mental health and emotional wellbeing: Strengths and challenges | Keeping safe and managing risk: Bullying – see it, say it, stop it | Drug, alcohol and tobacco education: Tobacco is a drug | Identity, society and equality: Celebrating difference | RSE: Valuing Difference and Keeping Safe Careers, financial capability and economic | Physical health and wellbeing: What helps me choose? |

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| | | | | | wellbeing: Saving, spending and budgeting | |
| Year 4 | Identity, society and equality: Democracy | Drug, alcohol and tobacco education: Making choices | Physical health and wellbeing: What is important to me? | Keeping safe and managing risk: Playing safe | RSE: Growing Up | |
| Year 5 | Physical health and wellbeing: In the media | Mental health and emotional wellbeing: Dealing with feelings | Keeping safe and managing risk: Making safer choices Drug, alcohol and tobacco education: Different influences | Identity, society and equality: Stereotypes, discrimination and prejudice | RSE: Puberty | Careers, financial capability and economic wellbeing: Borrowing and earning money |
| Year 6 | Identity, society and equality: Human rights | Keeping safe and managing risk: Keeping safe - out and about | Mental health and emotional wellbeing: Healthy minds | Drug, alcohol and tobacco education: Different influences | RSE: Puberty, Relationships and Reproduction | RSE: Puberty, Relationships and Reproduction – including FGM lesson |