



## Year 1 Home Learning: Online resources

### **Online Reading resources:**

- Free e-books for children to read available at <https://www.oxfordowl.co.uk/for-home/>
- Free phonics and reading games available at <https://www.teachyourmonstertoread.com/>
- Phonics activities and games available at [www.phonicsplay.co.uk](http://www.phonicsplay.co.uk)
- Reading games available at <https://www.roythezebra.com/reading-games.html>

### **Online Maths resources:**

- Daily ten arithmetic maths questions, select Level 1. Available at <https://www.topmarks.co.uk/maths-games/daily10>
- Children have logins for Times Table Rock Stars available at <https://ttrockstars.com/>
- Learning videos and maths activities available at <https://whiterosemaths.com/homelearning/>

### **Online Writing resources:**

- Children have logins for Spelling Shed. Spellings to be released weekly for children to practise available at <https://www.spellingshed.com/>
- Writing activity ideas available at <https://www.literacyshed.com/home.html>

As well as the above websites there are also a range of learning activities and support for home learning available at:

- <http://www.ictgames.com/>
- <https://www.ilearn2.co.uk/signin.html>  
Username: godstone  
Password: surrey
- Twinkl resources for parents available at:  
<https://www.twinkl.co.uk/resources/covid19-school-closures> the code is UKTWINKLEHELPS

Please note all children's usernames and passwords for the websites listed should be written or stuck in their Home Link books for you to access.



<b>Make and do</b>	Draw and label your family tree. Present it on a poster but feel free to be a creative as you like.	Bake a healthy treat and write a set of instructions. Make sure to include a title, a list of equipment and a method. Challenge: Use time words (first, then, next, after, finally) and adverbs to your instructions (carefully, gently, slowly, evenly).	Build a paper boat and see if it floats. Challenge: Do different types of paper affect its ability to float?
<b>Science</b>	Research a variety of plants and animals in their habitats. Record what you have found in a table. Add photographs or drawings of these plants and animals.	Research animals that live in the sea and their habitat. What about the animal ensures it is suited to their habitat?	Research how animals obtain their food. Explore herbivores, carnivores and omnivores.
<b>Write</b>	Create a fact file about the animal and their habitat you have researched above. Make sure to include information about the three main questions: What do they look like? What do they eat? Where do they live? Include a fun fact too.	Write a descriptive story pretending you now own the magic paintbrush. What will you paint to help others? Remember to think about the setting, the events and how to escape from the evil emperor!	Learn a poem off by heart and retell it to a family member. Re-write a new poem using similar patterns you have noticed.
<b>Research</b>	Find out about a different country. Research what their flag looks like. What are the famous landmarks? What does their traditional music sound like and what instruments do they use?	Find out about Kings, Queens, Emperors and Empresses in another country. What do they traditionally wear and where do they live?	Research and create poster or fact file about life in the past in Great Britain. Record what they ate, wore, how they travelled, their clothes, their jobs and what school was like.
<b>Maths</b>	Look around your house. Record all the different shapes you can see. Remember to say whether they are 2D or 3D and describe their properties.	Create an obstacle course. Use the language half turn, quarter turn, full turn, left, right, forward and backward to instruct somebody else to move around the course. Or write the instructions for you to follow.	Can you create a number facts poster for different numbers including + - x and ÷. Include what is half and double of the number and how many tens and ones the number has.



## Being Active at Home

**Personal best challenges:** Try the challenge and see what score you get. Continue to repeat the challenge and try to get a higher score each time!

<p><b>Agility - Shuttle Running (EYFS, Y1 and Y2)</b> How many cone touches can you do in 1 minute, using two cones 2 metres apart?</p>	<p><b>Agility - Slalom Running (Y3 or Y4)</b> Use 5 marker objects 50cm apart. Weave in and out of each cone and back again. How many times can you run around the end markers in 1 minute?</p>	<p><b>Agility - Dice Running (Y5 or Y6)</b> Set out 5 markers positioned as if they were a number 5 on a dice (with the 4 outside markers 3 metres apart). Run from the inside cone, touch and outside, and back to the middle, before moving on to the next outside cone around the square. How many times can you touch the cones in 1 minute?</p>
<p><b>Skipping Challenge (All ages)</b> Grab a skipping rope - how many skips can you do in a minute?</p>	<p><b>Balance - Tree Pose (All ages)</b> One leg with the foot of your other leg placed against the inside of your knee. Can you balance whilst repeating your times tables?</p>	<p><b>Speed bounce (All ages)</b> How many times can you jump over a marker in a minute?</p>
<p><b>Bean Bag Throw (All Ages)</b> Aiming a bean bag (or similar) into a hoop/target. Adjust the distance to make it harder!</p>	<p><b>Throw &amp; Catch (All ages)</b> Throw and catch with a partner. How far can you throw without dropping? Can you do it with multiple balls?</p>	<p><b>Create an obstacle course (All ages)</b> Create your own course in the garden. Do you have things to run around, jump over, climb under, dribble a ball around.... The suggestions are endless! How quickly can you complete it?</p>
<p><b>Keepy Uppy (All ages)</b> How many keepy-uppies can you complete in a minute, with a football, tennis racket, hockey stick, table tennis bat etc.</p>	<p><b>Wall Sit (All ages)</b> How long can you do a squat with your back against the wall?</p>	<p><b>Star jumps (All ages)</b> How many star jumps can you do in 1 minute?</p>
<p><b>Two handed bounce &amp; catch (EYFS, Y1, Y2)</b> Bounce and catch a ball in 1 minute. How many times?</p>	<p><b>Two handed catch &amp; clap (Y3 and Y4)</b> Throw the ball into the air, clap and catch the ball again. How many times can you do it in 1 minute?</p>	<p><b>Alternate hand throw, clap and catch (Y5 and Y6)</b> Throw the ball into the air with 1 hand, clap and catch the ball again but with the other hand. How many times can you do it in 1 minute? Can you do a double clap? Three claps?</p>
<p><b>Sensory Coordination (All Ages)</b> Have two buckets full of water, with balls floating in one of them. Using just feet, move the balls from one to the other. How about a range of balls? Body parts to carry them with (elbows?)? What about carrying them further?</p>	<p><b>Paper Track (All Ages)</b> Lay out 5 sheets of paper with gaps in the middle to form a type of ladder. You cannot stand on the paper! Hop over it (left leg, then again with your right) Zigzag in and out of it Push up side walks up the ladder Push up position, lifting objects up the ladder 1 step at a time.</p>	<p><b>Fitness Box - Cardiovascular Endurance (Y5 and Y6)</b> Running around a 5m x 5m box marked out, then action in the middle. Each level is progressive. Level 1: 1 square run, 1 jumping jack, 1 push up, 1 squat Level 2: 2 of each! Increase each time, record where you choose to stop.</p>